

# Smokefree (Auahi Kore) Policy

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## Purpose

- To provide a healthy Smokefree environment for all Canterbury DHB (CDHB) employees, patients, visitors, volunteers, students, and contractors.
- To provide health leadership by being recognised as a Smokefree organisation.
- To protect CDHB employees from the harmful effects of second hand tobacco smoke and residual deposits.
- To meet the requirements of the Smokefree Environments Act 1990 and subsequent amendments.

## Scope

This policy applies to all CDHB employees, patients (including those actively receiving home-based or community-based care/ support from CDHB employees), visitors, volunteers, students, and contractors, and everyone using the Canterbury DHB as a place of work.

The policy applies to all buildings, grounds, and vehicles owned, leased, or occupied.

## Associated documents

- Smokefree Environments Act 1990
- CDHB Manual, Volume 2 - Legal and Quality
- Complaints Management Policy
- CDHB Manual, Volume 3 - Human Resources
- Orientation and Induction Policy
- CDHB Manual, Volume 6 - Health and Safety
- Health and Safety Policy

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- Signage, pamphlets and posters are available on each CDHB site to inform employees, patients, visitors, volunteers, students and contractors of this policy.

### Policy

All CDHB buildings, grounds, vehicles and work environments are Smokefree. Patients, visitors, and contractors entering CDHB property must be made aware of the Smokefree (Auahi Kore) Policy.

If patients, visitors, or contractors smoke in contravention of this policy, staff will inform them of the policy and ask them to stop smoking.

Clinical staff are to identify patients who smoke and advise patients of appropriate alternatives and support during their hospitalisation such as nicotine replacement therapy (NRT) and referral to an appropriate smoking cessation provider. Although staff cannot force a patient/ client to stop smoking outside, staff should not actively facilitate or assist patients/ clients to smoke on the hospital grounds and not escort any patient/client for the purpose of smoking but should instead offer support and NRT. Where the primary concern is for patient safety staff should exercise their own clinical judgement in each situation.

Home-based patients who are receiving assistance from a CDHB employee will be requested to refrain from smoking during home visits.

CDHB employees must not smoke while on duty, while on CDHB property, or in CDHB vehicles. Staff must not smoke when wearing CDHB uniform, ID badge or when identifiable in any way as a CDHB employee.

CDHB actively promotes and supports smoking cessation in patients and staff using the ABC smoking cessation approach (ABC = Ask about smoking status, provide Brief Advice to stop smoking, offer a referral to Cessation Support).

Until there is some Ministry of Health advice to the contrary, vaping and use of electronic cigarettes are included within the scope of this policy, whether they contain nicotine or not.

All CDHB-related events or activities held outside CDHB property must be Smokefree.

### Employee Support

Access to smoking cessation programmes will be facilitated for staff who request assistance to stop smoking.

### Tobacco Products

No tobacco products are sold from CDHB premises.

### Review

This policy shall be reviewed by the CDHB Smokefree Advisory Group by 20 March 2021.

### Measurement or evaluation

Monitoring of consumer feedback.